



NANAIMO BMX is proud to be a part of the VIE X weekend of events.

BMX is short for Bicycle Motocross and is a sport for the whole family to enjoy. It's fun, it's exciting and it's challenging! Racing is done on a dirt track with lots of jumps, obstacles and corners to challenge skills, from the start to finish. Everyone can race - boys & girls. And any age - from toddlers to seniors.

We are starting off the weekend with the **19th Annual RACE FOR LIFE**. This is a special BMX event where riders and parents fundraise to gather donations for the BC Children's Hospital Leukemia Cancer Research. To date, Nanaimo BMX and fellow BC ABA tracks have raised over \$270,000. This past June, BMX members presented a whopping \$31,800 at "The Superhero Miracle Weekend Telethon". **This is the ONLY race where you don't have to be a member to race.** 100% of non-member race fees are donated. **Anyone can participate in this race** – just bring a bike, helmet, long sleeve shirt & pants plus your \$10 donation (non-members).

Come out and enjoy some family fun.

Date	Event	Registration	Race Time
Friday, Aug 19th	RACE FOR LIFE	6:00 - 7:00 pm	7:30 pm
Saturday, Aug 20th	DOUBLE POINT RACE	3:00 - 4:00 pm	4:30 pm
Sunday, Aug 21st	PROVINCIAL FINALS	8:00 - 9:00 am	9:30 am

